

# MODEL, PHILOSOPHY & TREATMENT APPROACH

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- Hairston House is a community-based recovery program in Northampton, MA, that is based on a Social Model philosophy.
- The Massachusetts Bureau of Substance Abuse Services funds this program as an alternative to Therapeutic Community and Recovery Home programs.
- Gándara's Social Model program focuses on the idea that addiction is not just biological in nature, but it is centered in the relationships that have either not been formed, or that need to be re-formed, between individuals and their surrounding social environments.
- We create a safe place for residents to form and practice healthy relationships between themselves and translate these practices into healthy community involvement.

## CONTACT US

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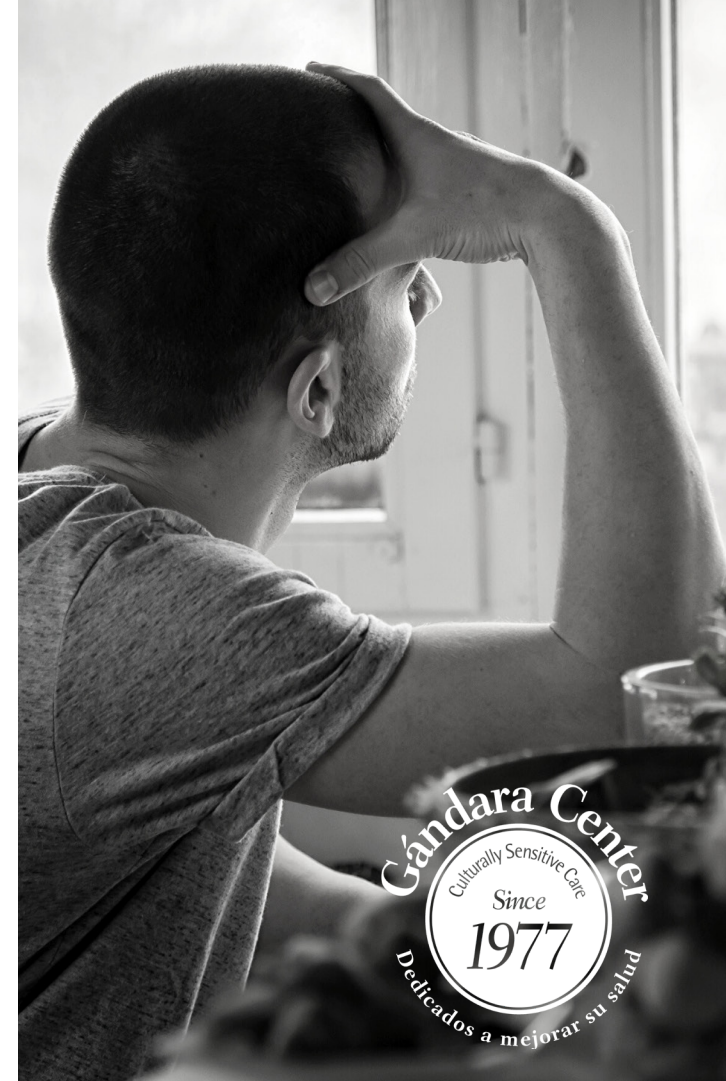
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## HAIRSTON HOUSE

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*Community-based recovery  
program for men in  
Northampton, MA*

## DESCRIPTION OF SERVICES

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At Hairston House each participant is responsible for his own recovery process; which is supported through self-help, 12-step involvement and structured group living in a sober environment.

Staff provide counseling and act as role models. Participants will learn how to work on their personal challenges and develop a positive and cooperative attitude while living with others who are committed to a lifestyle rooted in recovery.



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## PROGRAM SUPPORTS

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In Social Model programs, individual recovery plans are generated by each participant with the assistance of a Case Manager.

Individualized services that are identified within each recovery plan are provided with staff assistance to each of the 19 participants living at the Hairston House. Length of stay is determined by the needs of the participant and the level of his engagement with community services and resources.



## ABOUT THE SOCIAL MODEL

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Social Model houses establish environments where changed surroundings provide social cues that first unconsciously and then deliberately transform individual action.

## ADMISSION CRITERIA

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- Age 18 years or older
- Resident of Massachusetts
- Priority for admission includes: LGBTQ, involved with the criminal justice system, with disabilities, and/or living with HIV/AIDS
- Demonstrate a commitment to sobriety
- Demonstrate an understanding that participation includes the development of a treatment plan
- Be willing to complete an eligibility assessment
- Applicants on Medication-Assisted Treatment or other medications will not be denied treatment



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