

The Gándara Center's Family Support and Training programs provide services to families in Massachusetts.

Holyoke

413-846-0445

Services in English + Spanish

Worcester

508-762-1331

Services in Spanish



CONTACT US

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Gándara Center
Culturally Sensitive Care



www.gandaracenter.org

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FAMILY SUPPORT & TRAINING

Specializing in the needs of the Hispanic community and providing structured, one-to-one strength-based relationships between a Family Partner who has lived experience raising a child with special needs and a caregiver whose child is receiving mental health services

WAYS WE CAN HELP

- Navigating child-serving systems (ie. DCF, DYS, education, mental health)
- Assist the caregiver with development of organizational and time management skills
- Reconnecting and strengthening natural supports
- Identifying community resources for youth and caregiver
- Improving caregiver/child interactions and behaviors
- Improving caregivers' self-efficacy -- fostering empowerment
- Assisting family by addressing basic needs (ie. housing, access to food, after-school programs)



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WHAT CAREGIVERS & THERAPISTS ARE SAYING

"Gándara's Family Support and Training has been very helpful. My Family Partner linked me to community resources, support groups and helped me improve communication with my child's school."

- Parent

"Family Partners are crucial to helping the caregiver feel that they are part of and have a voice on the team. Their natural connection allows the caregiver to feel self-confident and become an advocate for their family."

- Gándara Center In-Home Therapist

ADMISSION CRITERIA

- Youth must be enrolled in MassHealth as their primary insurance (some commercial insurances also accepted)
- Youth is currently enrolled in Outpatient Individual Therapy or In-Home Therapy
- Youth's clinical condition warrants this service in order to improve the capacity of the caregiver/child
- Caregiver consents to receiving FS&T services
- Youth resides with or has a plan to return to living with the caregiver



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