





SUBSTANCE USE SERVICES

Services include:

- Long-term residential treatment for men, women and young adults with Substance Use Disorder and Co-occurring Mental Health Disorders.
- Trauma informed care
- Individualized treatment
- Case management
- Recovery based supports
- Family engagement

Our women's residential programs in Holyoke and Ludlow prioritize admissions for pregnant/postpartum.

Locations in Springfield, Holyoke, Westfield, Ware, Northampton and Ludlow.



PEER RECOVERY **SUPPORT CENTERS**

Centers are peer governed, members form advisory boards, create policies and determine program activities and participation in community events. Open 6 days a week, no cost, no insurance needed.

- Individuals in recovery or those affected by a substance use disorder are welcome
- Peer-to-peer supports
- Relapse prevention
- Recovery coaching
- Support groups are available

Volunteer opportunities and stipend positions are available to those committed to staying sober and becoming active members of the center.

> Locations in Brockton, Holyoke, Hyannis, Plymouth and Springfield

YOUTH & FAMILY SERVICES

Gándara is the only specialized Hispanic Community Service Agency (CSA) in the state. The CSA provides flexible, bilingual, family-driven, wraparound intensive care coordination for children and teens experiencing serious emotional disturbances.

Programs include:

- In-Home Therapy (IHT)
- In-Home Behavioral Therapy (IHB)
- Therapeutic Mentoring (TM)

Services available in: English Spanish Cape Verdean Creole Portuguese

Locations in Boston, Brockton, Fitchburg, Holyoke, New Bedford and Springfield

FOSTER CARE

The Gándara Center Intensive Foster Care Program provides intensive case management and recreational opportunities for youth and 24 hour on-call support for families.

Contact: 413-736-2359

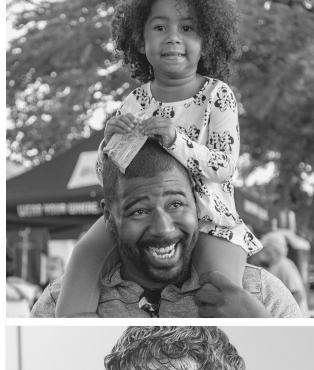


YOUTH/YOUNG ADULT RESIDENTIAL HOMES

These programs are by referral only

- Western Massassachusetts' largest system of **Stabilization and Rapid Re-entry Residences** and Group Homes
- At-risk families with youth ages birth to 20
- The region's first LGBTQ centered residential home
- Alternative Detention Center and Residential
- Treatment program for teenage males in the juvenile justice system

Locations in Chicopee, Holyoke, Springfield and Northampton







SPRINGFIELD FAMILY RESOURCE CENTER

Provides help for families navigating through housing, education, courts and legal systems. As well as health insurance, and connecting them to community resources.

- Free events and support groups
- Food pantry: Mondays 1:00 p.m. 3:00 p.m.
- Drop-ins welcome

Contact: 413-733-7699

DISABILITY SERVICES

Promotes the health and well-being of all individuals who are at least 18 years of age, have intellectual and developmental disabilities, and those with mental health and/or substance use disorders.

- Person-centered approach
- Residential and placement services
- community outreach wrap-around services
- Community integration
- Skill-building

Services provided by Closed referral throughout western Massachusetts

BEHAVIORAL HEALTH SERVICES

Outpatient Clinic

The Outpatient Clinic offers a broad array of bilingual and bicultural clinical and addiction services. or adults, families, children and adolescents include individual group psychotherapy, diagnostic assessments and treatment.

On-site bilingual pharmacy at select locations



Walk-ins Welcome!

SPRINGFIELD 8:00 a.m. - 6:00 p.m. 413-736-0395

BROCKTON 8:30 a.m. - 5:00 p.m. 508-232-6670











COMMUNITY EDUCATION, PREVENTION AND HEALTH

Community health programs and initiatives that provide resources and information addressing numerous public health areas and represent the multicultural needs of the region.

Resources include:

- Stop Access Coalition (Adolescent substance use prevention)
- P.R.E.P. (Teen pregnancy prevention)
- N.O.E.L. (Early cancer detection, prevention, education and referrals for groups experiencing health inequities)
- Youth Gambling Prevention Program
- Hampden County Tobacco Free Community
 Partnership

HOUSING SERVICES

- Shine Young Adult Housing: Supportive housing services for young adults experiencing or at risk of homelessness
- Miracle House and Serenity Program: Supportive housing and case management for individuals in recovery
- Community Housing Program (CHP): Supportive Housing program for families in recovery

YOUTH ACCESS CENTER

The Impact Center in Springfield offers services for youth 16-21 with mental health and/or substance use concerns in a friendly, relaxed, fun space. Connects them to community resources for jobs, housing, education and more.



Walk-ins welcome!Monday & WednesdayTuesday & Thursday10:00 a.m. - 5:00 p.m.10:00 a.m. - 6:00 p.m.

413 654-1566







CONTACT US 1-877-733-4187

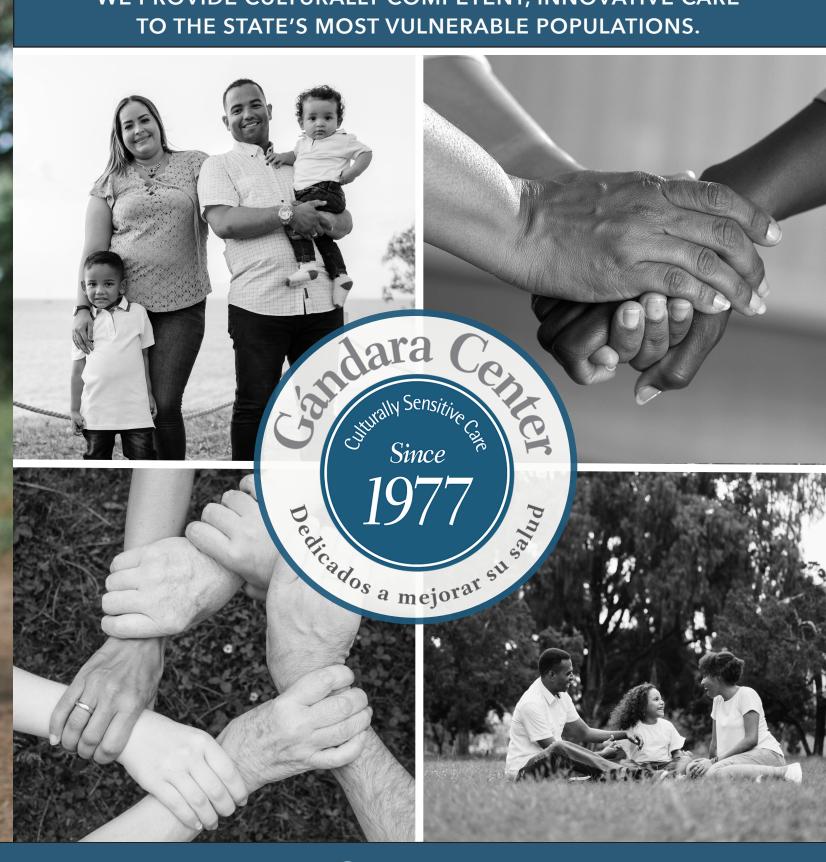
ara

Since

^{cados} a mejorar su

197

Founded in 1977 to advocate and provide for equal services in the Hispanic community, Gándara Center delivers quality Bilingual behavioral health, substance use and preventative services for a diverse clientele of over 13,000 children, adults and families each year in more than 40 locations across Massachusetts. WITH BILINGUAL CAPACITY ACROSS ALL OF OUR PROGRAMS, A FAMILY-CENTERED AND COMMUNITY-BASED APPROACH, WE PROVIDE CULTURALLY COMPETENT, INNOVATIVE CARE TO THE STATE'S MOST VULNERABLE POPULATIONS.



WWW.GANDARACENTER.ORG