

# ACCESSIBLE COMMUNITY- BASED SERVICES

Gándara Center's Child Behavioral Health Services accept new and current clients with MassHealth, Commonwealth Care, Commonwealth Choice, Medicaid, plus certain commercial insurances.



## SERVICES AVAILABLE IN:

English  
Spanish  
Portuguese  
Cape Verdean Creole



[www.gandaracenter.org](http://www.gandaracenter.org)

# CONTACT US

## Greater Boston

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## Fitchburg

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978-503-7520  
Fax: 978-342-1631

## New Bedford

376 Nash Road  
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774-406-4620  
Fax: 617-282-2584

## Springfield/Holyoke

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## IN-HOME THERAPY

*Strength-based therapy designed to increase a family's ability to support a healthy functioning youth*

# MODEL & PHILOSOPHY

Gándara's Child Behavioral Health Services provide a variety of bilingual and bicultural services to children with serious emotional disturbances (SED) and their families.

Staff adhere to an ecological, wraparound treatment model, applying the key principles of family „voice and choice“ with sensitivity to the family's culture and language, concerns, strengths, and resources. These are integrated into a collaborative family-driven and child-guided treatment delivery approach. This model increases the family's capacity to support the youth/child at home and the functionality of the child in their natural environment.

## WRAPAROUND PRINCIPLES

- Family Voice & Choice
- Team-based
- Natural Supports
- Collaboration
- Community-based
- Culturally Competent
- Individualized
- Strengths-based
- Persistence
- Outcome-based

The 10 wraparound principles are encouraged by staff and driven by the needs of the family, integrating child, family, professionals, and community resources to develop a unique treatment plan for each family.



## ELIGIBILITY

Children seeking In-Home Therapy must be eligible for MassHealth and meet diagnosis and needs criteria for a serious emotional disturbance. Services are provided to individuals under 21 years of age.



# IN-HOME THERAPY

*Services available in Eastern, Central and Western Massachusetts*

- The In-Home Therapy Team provides structured, strengths-based therapeutic relationships between a licensed clinician, the child, and the family, designed to effectively support the child in the home environment and in the community.
- An In-Home Therapy Team develops a plan with focused interventions and behavioral techniques to enhance problem-solving, limit-setting, risk management, safety planning and communication skills to increase the child's stability, reduce hospitalization, and improve the family's capacity to provide effective support.



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