

PEERS HELPING PEERS

Learning a new way of life...

PIER Recovery Center of Cape Cod gives those in recovery the support and access to the tools they need to enhance a life free from alcohol and other substances. It is a safe environment where peers can come together and find growth, explore life's opportunities, give back to the community, participate in recovery focused groups, recovery oriented social activities, perform outreach, and many other great offerings of recovery.



*A place where all paths
of recovery are respected.*

CONTACT US

Cape Cod

209 Main Street
(rear entrance)
Hyannis, MA 02601

508-827-6150



*For Center Hours,
please visit our Facebook Page:*



<https://www.facebook.com/pierrecovery>



www.gandaracenter.org



PIER RECOVERY CENTER OF CAPE COD

*Support from those who have walked
that path—for people seeking to get
on and stay on the path to recovery*

WHO WE ARE



Our recovery center offers a variety of peer run groups, space for outside groups, and a peer focused recovery environment.

Other offerings include:

- Morning Motivation
- Relapse Prevention
- Spirituality and Recovery
- Peer Network/Mentoring
- Life Skills/Resumé Building
- Social Events
- Re-entry Support
- New Member Orientation
- All Recovery Meetings
- Volunteer Opportunities



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PEER TO PEER RECOVERY SUPPORT

The main goal of the peer-to-peer model is to **engage and encourage peers** in recovery from substance use to learn to live a more productive life, and **share their knowledge and experience** with other members of the center, creating an environment where **one peer helps another**. Staff are on site all times during open hours, but play a minimal role. The heartbeat of the center is one peer helping another. Staff is available to also provide any additional resources that may help peers in this process.

ELIGIBILITY

People who identify as being in recovery and who wish to work on their recovery are eligible for Recovery Coaching. These support services are free of charge.

ADVISORY BOARD

In addition to peers engaging one another and creating an environment of change, a Members Board has been established. The board holds the responsibilities of listening to the ideas of the community of members at the center, organizing and developing these ideas, collaborating with staff and the community at large to make the center a success.



*Recovery from addiction
is a journey...
not a destination.*