



# CONTACT US

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## Gándara Center Valor Peer Recovery Support Center

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Follow us!



@SpringfieldPeerRecoveryCenter

[www.gandaracenter.org](http://www.gandaracenter.org)



## VALOR PEER RECOVERY SUPPORT CENTER

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*A peer-to-peer-led community open  
to all people wanting to explore  
recovery pathways*

# WHO WE ARE

Valor Peer Recovery Center is a **safe** and **welcoming** place where people from different backgrounds, life experiences and gender identities come together.

Volunteers and staff work hand-in-hand to build a **judgement-free** community that is peer-driven, **recovery centered** and embraces all pathways of recovery.

# YOUR COMMUNITY

*Help us build a vibrant Recovery Community*

We need your lived experience to help us:

- Build our foundation, formulate our center's name, logo, and more
- Attend and facilitate community meetings



- Participate in group activities three days a week
- Help people strengthen family by attending our family support groups
- Engage in recovery-based social activities, many of which are family friendly events
- Facilitate Relapse Prevention, Medication Assisted Recovery Support Groups, and all recovery meetings
- Promote wellness activities (including nutrition and exercise)
- Provide education, leadership and training opportunities
- Create exploration (music, art, dance, and writing)

# OUR VALUES

- 1. RECOVERY:**  
Recovery comes first in all that we do.
- 2. INCLUSION:**  
Recovery is a big tent and there is room for everyone.
- 3. AUTHENTICITY:**  
Members of the recovery community use their direct experiences to identify the problems and needs in recovery and find ways to address them.
- 4. PARTICIPATORY PROCESS:**  
The full participation and commitment of individual members help build strong, vibrant recovery communities.
- 5. LEADERSHIP & DEVELOPMENT:**  
Developing new leaders enriches the community and helps ensure the community's growth.



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