



Gándara Hispanic Specialty Therapeutic Mentoring Services

Therapeutic Mentoring Services are provided to youth (under the age of 21). Therapeutic Mentors can work with youth in any setting where the youth resides, such as the home (including foster homes and therapeutic foster homes), and in other community settings such as school, childcare centers, respite settings, and other culturally and linguistically appropriate community settings.

Therapeutic Mentoring offers structured, one-to-one, strength-based support services between a Therapeutic Mentor and a youth for the purpose of addressing daily living, social, and communication needs. Therapeutic Mentoring services include supporting, coaching, and training the youth in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other children and adolescents, as well as adults, in recreational and social activities pursuant to a behavioral health treatment plan developed by an Outpatient provider, an In-Home Therapy (IHT) provider, an In-Home Behavioral Service (IHBS) provider, or a Family-based Intensive Treatment (FIT) team in concert with the family, and youth whenever possible, or Individual Care Plan (ICP) for youth with ICC. These services help to ensure the youth's success in navigating various social contexts, learning new skills, and making functional progress, while the Therapeutic Mentor offers supervision of these interactions and engages the youth in discussions about strategies for effective handling of peer interactions.

Therapeutic Mentoring services must be necessary to achieve a goal(s) established in an existing behavioral health treatment plan for Outpatient, In-Home Therapy, In-Home Behavioral Service, or Family-based Intensive Treatment team or in an ICP for youth in ICC. For members being discharged from Outpatient, In-Home Therapy, In-Home Behavioral Services, Family-based Intensive Treatment, or ICC, the receipt of Therapeutic Mentoring services following discharge must be necessary to achieve the goal(s) established in the Member's Outpatient, IHT, IHBS, FIT, or ICC discharge plan.

Progress toward meeting the identified goal(s) in their treatment plan, ICP, discharge plan, and/or ongoing action plan must be documented and communicated regularly to any other ongoing behavioral health treatment providers. Services are designed to support age-appropriate social functioning or ameliorate deficits in the youth's age-appropriate social functioning.

For more information or to make a referral to the Gándara Hispanic Specialty Therapeutic Mentoring Services, call 413-846-0445

