



SUBSTANCE USE & RECOVERY SERVICES

Residential Services

- Long-term residential treatment for men, women and young adults with Substance Use and Co-occurring Mental Health Disorders
- Trauma-informed care
- Individualized treatment
- Case management
- Recovery-based supports
- Family engagement

Our women's residential program in Holyoke and Ludlow prioritize admissions for pregnant and postpartum women.

Locations in Springfield, Holyoke, Westfield, Ware, Northampton and Ludlow



Peer Recovery Support Centers

Centers are peer-driven, members form advisory boards, create policies and determine program activities and participation in community events. No cost, no insurance needed.

- Individuals in recovery or those affected by a substance use issues are welcome
- Peer-to-peer supports
- Relapse prevention
- Recovery coaching
- Support groups are available

Volunteer opportunities and stipend positions are available to those committed to staying sober and becoming active members of the center.

Locations in Brockton, Holyoke, Hyannis, Plymouth and Springfield

YOUTH & FAMILY SERVICES

Children's Behavioral Health

Gándara provides flexible, bilingual, family-driven, wraparound services for children and teens experiencing serious emotional disturbances.

Programs include:

- Intensive Care Coordination
- Family Support and Training
- In-Home Therapy
- In-Home Behavioral Services
- Therapeutic Mentoring
- Family Support and Stabilization

Locations in Boston, Brockton, Fitchburg, Holyoke, New Bedford and Springfield

Foster Care

The Intensive Foster Care Program places youth in temporary, safe, therapeutic home environments. We provide intensive case management and recreational opportunities for youth and 24-hour on-call support for families.

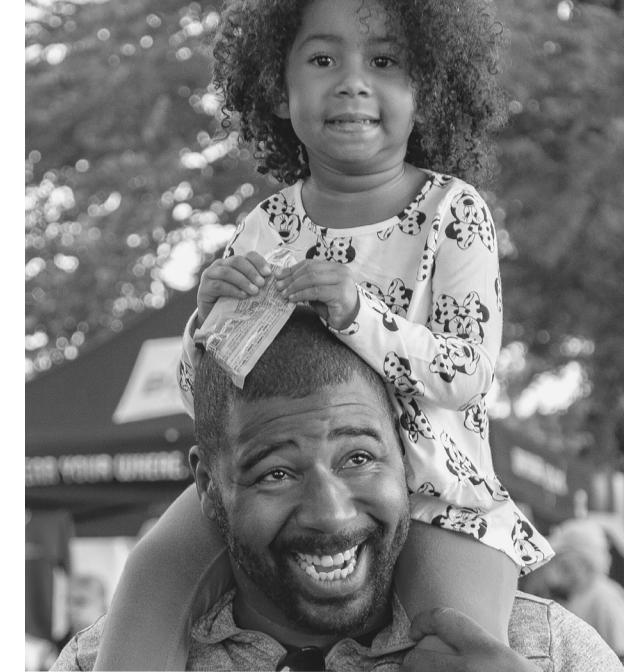
413-736-2359

Youth/Young Adult Residential Homes

- Western Massachusetts' largest system of Stabilization and Rapid Reunification Residential Group Homes
- In-home continuum services for at-risk families with youth ages birth to 20
- LGBTQ-centered residential home
- Alternative Detention Center and Residential Treatment program for teenage males involved in the juvenile justice system

These programs are by referral only

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BEHAVIORAL HEALTH SERVICES

Outpatient Clinics

The Outpatient Clinics offer a broad array of bilingual and bicultural clinical and addiction services for adults, families, children and adolescents include individual group psychotherapy, diagnostic assessments and treatment.

On-site bilingual pharmacy at select locations

Walk-ins Welcome!

SPRINGFIELD
8:00 a.m. – 6:00 p.m.
413-736-0395

BROCKTON
8:30 a.m. – 5:00 p.m.
508-408-0038

COMMUNITY & PREVENTION

Springfield Family Resource Center

Provides multi-cultural parenting programs, support groups, information, referral resources and education for families.

- Free educational support groups and community events
- Food pantry
- Drop-ins welcome

413-733-7699

Youth Access Center

The Impact Center in Springfield offers services for ages 16-21 with mental health and/or substance use concerns in a friendly, relaxed, fun space. Connecting youth to community resources for jobs, housing, education and more.



Walk-ins welcome!

Call for hours

413 654-1566



Health Education Programs

Community health programs and initiatives that provide resources and information addressing numerous public health areas and represent the multicultural needs of the region.

Resources include:

- Stop Access Coalition (Adolescent substance use prevention)
- P.R.E.P. (Teen pregnancy prevention)
- N.O.E.L. (Early cancer detection, prevention, education and referrals for groups experiencing health inequities)
- Youth Gambling Prevention Program
- Hampden County Tobacco Free Community Partnership

Housing Services

- **SHINE Young Adult Housing:**
Supportive housing services for young adults experiencing or at risk of homelessness
- **Miracle House and Serenity Program:**
Supportive housing and case management for individuals in recovery
- **Community Housing Program (CHP):**
Supportive Housing program for families in recovery

Adult Residential and Community Services

Promotes the health and well-being of adults with intellectual/developmental disabilities, and those with behavioral health and/or substance use disorders.

Services include:

- Person-centered approach
- Residential and placement services
- Community outreach, wrap-around services
- Community integration
- Skill-building

*Services provided by referral
throughout western Massachusetts*



CONTACT US
1-877-733-4187

Founded in 1977 to advocate and provide for equal services in the Hispanic community, Gándara Center delivers quality bilingual behavioral health, substance use and preventative services for a diverse clientele of nearly 15,000 children, adults and families each year in more than 40 locations across Massachusetts.

CULTURALLY COMPETENT, INNOVATIVE SERVICES WITH BILINGUAL CAPACITY ACROSS ALL OF OUR PROGRAMS. A FAMILY-CENTERED AND COMMUNITY-BASED APPROACH SERVING THE STATE'S MOST VULNERABLE POPULATIONS.



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