

# ABOUT US

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Westfield Peer Recovery Support Center serves all people in recovery from substance use and those affected by substance use.

Volunteer and staff work hand in hand to build a judgement free community that is peer driven, recovery centered, and embraces all pathways to recovery.

*Learning a new way of life...*



*A place where all paths of recovery are respected.*

# CONTACT US

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## Gándara Center Westfield Peer Recovery Support Center

75 Broad Street  
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Westfield, MA 01085

(413) 507-0787



[www.gandaracenter.org](http://www.gandaracenter.org)



## Westfield Peer Recovery Support Center

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*Offering connection, support,  
and a sense of belonging  
to all in healing*

# Services Available



Our recovery center offers a variety of services at no cost including:

- Support Group
- Recovery Based Social Events
- Wellness Activities
- Peer-to-Peer Support
- Cultural/Artistic Activities
- Recovery Coaching Support
- Volunteer Opportunities
- Access to Computers
- Education & Leadership Training Opportunities
- Relapse Prevention



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## YOUR COMMUNITY

*Help us build a vibrant  
Recovery Community*

We need your lived  
experience to help us:

- Build our foundation, formulate our center's name, logo, and more
- Attend and facilitate community meetings
- Participate in group activities three days a week
- Help people strengthen family by attending our family support groups
- Engage in recovery-based social activities, many of which are family friendly events
- Facilitate Relapse Prevention, Medication Assisted Recovery Support Groups, and all recovery meetings
- Promote wellness activities (including nutrition and exercise)
- Provide education, leadership and training opportunities
- Create exploration (music, art, dance, and writing)

## PEER TO PEER RECOVERY SUPPORT

The peer-to-peer model is all about **empowering individuals** in their journey towards recovery from substance use. The focus is on creating an environment where peers can **support and motivate** each other, sharing their experiences and knowledge to help everyone live a more productive life. While staff are on site, their role is minimal - it's really about **peers helping peers**. Of course, staff are available to provide any additional resources that may be helpful for individuals in this process.



*Recovery from addiction  
is a journey...  
not a destination.*