



Gándara Hispanic Specialty In-Home Behavioral Services

In-Home Behavioral Services are delivered by one or more members of a team consisting of professional and paraprofessional staff, offering a combination of medically necessary Behavior Management Therapy and Behavior Management Monitoring.

Behavior Management Therapy: This service includes a behavioral assessment (including observing the youth's behavior, antecedents of behaviors, and identification of motivators), development of a highly specific behavior treatment plan; supervision and coordination of interventions; and training other interveners to address specific behavioral objectives or performance goals. This service is designed to treat challenging behaviors that interfere with the youth's successful functioning. The behavior management therapist develops specific behavioral objectives and interventions that are designed to diminish, extinguish, or improve specific behaviors related to the youth's behavioral health condition(s) and which are incorporated into the behavior management treatment plan and the risk management/safety plan.

Behavior Management Monitoring: This service includes implementation of the behavior treatment plan, monitoring the youth's behavior, reinforcing implementation of the treatment plan by the parent(s)/caregiver(s)/guardian(s), and reporting to the behavior management therapist on implementation of the treatment plan and progress toward behavioral objectives or performance goals. Phone contact and consultation may be provided as part of the intervention.

For youth engaged in Intensive Care Coordination (ICC), Family-based Intensive Treatment (FIT), In-Home Therapy (IHT), and/or Outpatient, the behavior management treatment plan is designed to achieve goals identified in the youth's Individual Care Plan (ICP) or treatment plan. The Treatment Team/Care Planning Team (CPT) works closely with the youth, parent/caregiver/guardian, and/or other individual(s) identified by the family to support adherence to the behavior treatment plan and to sustain the gains made.

For more information or to make a referral to the Gándara Specialty In-Home Behavioral Services, call 413-846-0445

